

# Agenda

## Joint Committee Meeting BOH-BOE

February 9, 2004

James Monroe Building, Conference Room E

To study the feasibility of developing education curriculum for proper nutrition and exercise for students in grades K-12

Time	Agenda topics	
10:00-10:15	<b>Welcome, Introductions</b>	Mrs. Genevese, Committee Chair
	<b>Review and approval of minutes</b>	Joe Hilbert
10:15- 11:15	<b>Review of Nutrition Standards</b> <ul style="list-style-type: none"> <li>• Current federal standards</li> <li>• Other state statutes regarding nutrition standards</li> <li>• Recommendations --Nutrition Standards for Virginia Schools</li> </ul>	Catherine D. Grimes
11:15-12:00	<b>Current Efforts To Address Healthy Eating</b> <ul style="list-style-type: none"> <li>• Albemarle County Schools and the Charlottesville Child Obesity Task Force</li> </ul>	Christina Pitsenberger, Peggy Pavior
12:00-1:00	<b>LUNCH</b>	TBD
1:00- 1:15	<b>Current Efforts To Address Healthy Eating</b> (continued) <ul style="list-style-type: none"> <li>• Stafford County Public Schools</li> </ul>	Chapman Slye
1:15- 1:30	<ul style="list-style-type: none"> <li>• Summary of efforts in other schools</li> </ul>	Catherine D. Grimes
1:30-1:45	<b>Resources</b> <ul style="list-style-type: none"> <li>• Children's Books with positive food and nutrition messages</li> </ul>	Catherine D. Grimes
1:45- 2:00	<b>Discussion and Comments</b>	Committee
2:00	<b>Adjournment</b>	Mrs. Genevese, Committee Chair

**Next meeting: March 15 or \_\_\_\_\_**

Focus of March meeting --Physical Activity and Health Curriculum

- Physical Education Requirements --Elementary, Middle (8<sup>th</sup> grade requirement) & High schools
- Statewide efforts to increase physical activity— Walk Smart, Virginia and other Program
- Local school division efforts to increase physical activity --Walk to School, and After school programs
- Resources for teachers --Web-based resource for health & physical education, and Staff trainings
- Testing of the Health and Physical Education SOLs

**April Meeting—proposed Monday April 5 or 12**